In 2016 we commemorated the 950 anniversary from the year 1066., when Krešimir, the King of Croatia and Dalmatia, granted royal freedoms to the Abbey of St. Mary of Zadar. Prior to that, the city leaders gave the small church of St. Mary Minor to Abbess Cicha to found an abbey next to it. With this in mind, the University of Zadar, together with the nuns and the Zadar Archdiocese, organized a scientific colloquium that was held in the church of St. Mary Minor, on 27th October 2016. This book of proceedings includes papers based on the topics of presentations held on this occasion, and bears the title *Abbatissa ingenuitate precipua* (“An abbess most generous”), as our abbess was referred to in two places in the abbey’s cartulary. The authors write her name as Cika, Čika or Cicha. The first part of this historical source is the deed of foundation. It outlines general circumstances under which the abbey developed, its immediate social and urban framework, a pre–urban picture of the city formed around the ancient forum, where the abbey of St. Mary still.